I am created in the image of God. God loves me, I am unique and special.

God Loves me and Created me. I am Unique and Special.
There is no one in the world exactly like me.

Because God loves me and made me, God never wants anyone to hurt me. No one has the right to hurt me and I do not have the right to hurt anyone else.

If anyone touches the private parts of my body in a way that makes me feel weird, or uncomfortable or worried or scared.

If anyone threatens me or tells me they will hurt me or a member of my family.

If classmates or anyone else asks me to do something that I know is wrong.

If internet contacts ask me for unusual information or to meet them somewhere.

I will use the

NO — GO — Tell Rule.

NO

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I will say words that mean no:

Stop it
Cut it out
Leave me alone
Quit it
Don't do that to me

I will YELL if I am really scared

GO

I will get away from the person as soon as it is safe:

I will go to a room with other people

I will go home

I will go to another adult

I will try and call my parents

TELL

I will tell what happened to a trusted adult:

My mom or dad

My Grandparent

My teacher

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