

I am created in the image of God. God loves me, I am special.

God loves me and created me.

I am special.

There is no one in the world exactly like me.

*Because God loves me and made me, God never wants anyone to hurt me.
No one has the right to hurt me and I do not have the right to hurt anyone else.*

*If anyone touches my body in a way that makes me feel
weird, or uncomfortable or worried or scared*

If anyone tells me they will hurt me or a member of my family

If anyone asks me to keep secrets from my parents or teachers

I will use the

No Go Tell Rule.

NO

I will say words that mean no:

Stop it

Cut it out

Quit it

Don't do that to me

I will YELL if I am really scared

GO

I will get away from the person as soon as it is safe:

I will go to a room with other people

I will go home

I will go to another adult

I will try and call my parents

TELL

*I will tell what happened to an adult
that I trust:*

My mom or dad

My grandparent

My teacher

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